# Rapid convergence to quasi-stationary states in the 2D Navier-Stokes equation

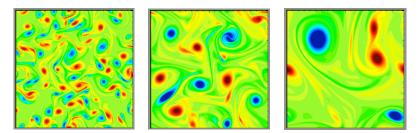
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IMA, Sept 24, 2012

# Observed dynamics

2D incompressible Navier-Stokes on the torus with small viscosity:



[Fluid dynamics laboratory, Eindhoven]

- Vorticity evolves from small scale to large scale structures
- Localized vortices persist and organize the dynamics
- Separation of time scales
  - Rapid convergence to localized vortices
  - Slow motion and merger of vortices

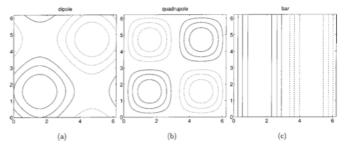
# 2D Navier-Stokes: decaying turbulence

Some questions:

- How to characterize the quasi-stationary states? [Y, M, C 2003]
- What causes the separation in time scales? [This talk]

Determine quasi-stationary states via statistical mechanics:

- Stationary solutions of inviscid Euler equations seem to play a role
- Such states with maximum entropy are good candidates

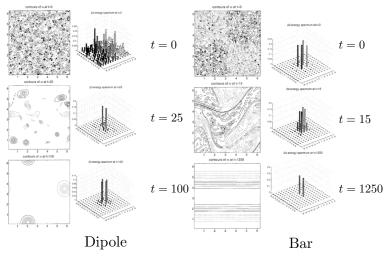


[Yin, Montgomery, Clercx 2003]

# Quasi-stationary states

Yin, Montgomery, Clercx 2003:

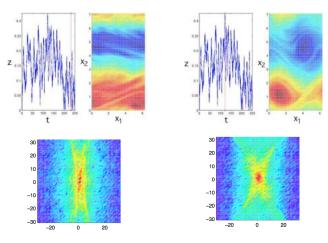
- Euler: formal calculations and numerical analysis determined these states
- Navier-Stokes: dynamic calculations confirmed predictions (u = 1/5000)



# Related work for stochastically forced Navier-Stokes equation

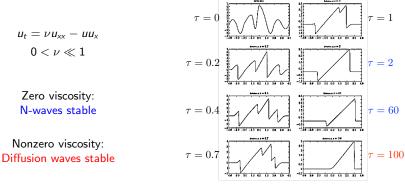
Statistical equilibrium consists of bars and dipoles [Bouchet, Simonnet 09]:

- Square torus: dipole dominates
- Asymmetric (rectangular) torus: bar dominates



Figures produced by Gabriel Lord (Heriot-Watt)

1D Burgers equation; figure is for similarity variables:



[Kim & Tzavaras, SIAM J. Math. Anal., 01]

Results from [Kim & Tzavaras 01]:

- Observed numerically
- Explained formally using asymptotic expansions

Burgers Equation:

$$egin{aligned} & u_t = 
u \, u_{xx} - u \, u_x, & x \in \mathbb{R}, \quad t > 0, \quad u \in \mathbb{R} \ & u(x,0) = u_0(x), & 0 < \mu \ll 1 \end{aligned}$$

Scaling variables - deal with continuous spectrum:

$$egin{aligned} u(x,t) &= rac{1}{\sqrt{t+1}} w\left(rac{x}{\sqrt{t+1}}, \log(t+1)
ight) \ \xi &= rac{x}{\sqrt{t+1}}, \quad au = \log(t+1) \end{aligned}$$

Scaled Burgers equation:

$$w_{\tau} = \nu w_{\xi\xi} + \frac{1}{2}\xi w_{\xi} + \frac{1}{2}w - ww_{\xi}$$
$$\mathcal{L}_{\nu}w = \partial_{\xi}^{2}w + \frac{1}{2}\partial_{\xi}(\xi w)$$

$$w_{\tau} = \mathcal{L}_{\nu} w - w w_{\xi}$$

In the space

$$L^2(m) := \left\{ w \in L^2(\mathbb{R}) : \int_{\mathbb{R}} (1+\xi^2)^m w^2(\xi) d\xi < \infty 
ight\}$$

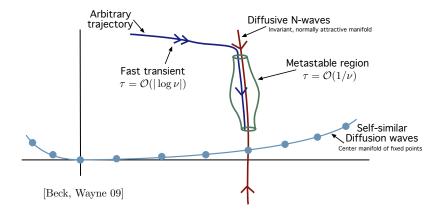
the spectrum of  $\mathcal{L}$  is [Gallay & Wayne 02]

$$\sigma(\mathcal{L}) = \left\{-\frac{n}{2} : n \in \mathbb{N}\right\} \cup \left\{\lambda \in \mathbb{C} : \mathsf{Re}\lambda \leq \frac{1-2m}{4}\right\}$$



Cole-Hopf still applies:

$$W(\xi,\tau) = w(\xi,\tau) e^{-\frac{1}{2\nu} \int_{-\infty}^{\xi} w(y,\tau) dy} \quad \Rightarrow \quad W_{\tau} = \mathcal{L}_{\nu} W$$



Reason for timescales:

- Spectrum independent of  $\boldsymbol{\nu}$
- Large coefficients in eigenfunction expansion:  $w(\tau) = c_0\phi_0 + c_1\phi_1e^{-\frac{1}{2}\tau}\dots$
- Due to pseudospectrum or Cole-Hopf?

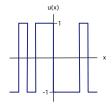
# Related results in reaction-diffusion equations

Metastability in gradient systems:

$$u_t = \epsilon^2 u_{xx} - u(u^2 - 1), \qquad x \in (0, 1)$$

Eg: [Carr & Pego 89], [Fusco & Hale 89], [Chen 04], [Otto & Reznikoff 07]

- Stable states:  $u \equiv \pm 1$
- Metastable states: step functions connecting  $\pm 1$  numerous times



#### Different mechanisms:

• Gradient: utilize energy functional

$$E[u](t) = \int_0^1 \left[\frac{\epsilon^2}{2}u_x^2 + \frac{1}{4}(u^2 - 1)^2\right] dx$$

- Burgers: spectrum independent of viscosity.
- Navier-Stokes: "spectrum" depends strongly on viscosity.
- Timescale differences

# 2D Navier-Stokes on the torus

$$\partial_t \mathbf{u} = \nu \Delta \mathbf{u} - (\mathbf{u} \cdot \nabla) \mathbf{u} - \nabla p, \qquad \nabla \cdot \mathbf{u} = 0, \qquad (x, y) \in \mathbb{T}^2$$

Assume viscosity is small

$$0 < 
u \ll 1$$
, physical range =  $\mathcal{O}(10^{-3})$ .

Vorticity formulation:  $\omega = \nabla \times \mathbf{u}$ 

$$\partial_t \omega = \nu \Delta \omega - \mathbf{u} \cdot \nabla \omega, \qquad \int_{\mathbb{T}^2} \omega = 0, \qquad \mathbf{u} = \begin{pmatrix} -\partial_y \Delta^{-1} \omega \\ \partial_x \Delta^{-1} \omega \end{pmatrix}.$$

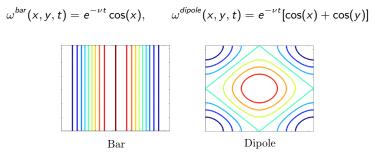
Decay of energy due to diffusion

$$\frac{d}{dt}\frac{1}{2}\int_{\mathbb{T}^2}\omega^2(x,y)dxdy = -\nu\int_{\mathbb{T}^2}|\nabla\omega(x,y)|^2dxdy \leq -\nu\int_{\mathbb{T}^2}\omega^2(x,y)dxdy$$

is very slow

$$\|\omega(t)\|_{L^2}=\mathcal{O}(e^{-\nu t}).$$

# Explicit families of metastable states



These solutions:

- Are quasi-stationary if  $0 < \nu \ll 1$ .
- Match observations of [Yin et al 03] and [Bouchet and Simonnet 09].
- Are stationary solutions of the Euler equations when  $\nu = 0$ .
- Should attract (some) nearby solutions faster that  $\mathcal{O}(e^{-\nu t})$ .
- Are part of an infinite family:

$$\omega^{slow}(x, y, t) = e^{-\nu m^2 t} [a_1 \cos(mx) + a_2 \cos(my) + a_3 \sin(mx) + a_4 \sin(my)]$$

## Linearization about a bar state

$$\partial_t \omega = \nu \Delta \omega - \mathbf{u} \cdot \nabla \omega, \qquad \mathbf{u} = \begin{pmatrix} -\partial_y \Delta^{-1} \omega \\ \partial_x \Delta^{-1} \omega \end{pmatrix}.$$

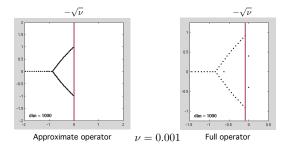
Ansatz:  $\omega = \omega^{bar} + v$ 

$$\partial_t v = \nu \Delta v - e^{-\nu t} [\sin x \partial_y (1 + \Delta^{-1})] v - \mathbf{u}^v \cdot \nabla v.$$

Approximate linearization similar to advection of passive scalar by a shear flow:

$$\partial_t v = \nu \Delta v - \sin x \partial_y v$$

- Asymptotic of eigenvalues in [Vanneste, Byatt-Smith 07]:  $\mathcal{O}(e^{-\sqrt{
  u}t})$
- Compute spectrum (Eigtool; Fourier approximation, (k, l) = (k, 1)):



What causes the fast decay?

$$u_t = Lu$$

Villani, 2009, considers operators of the form

$$L = A^*A + B, \qquad B^* = -B$$

• <u>AB = BA</u>: antisymmetry of B implies  $||e^{Bt}u|| = ||u||$ , and so

$$||e^{Lt}|| = ||e^{A^*At}e^{Bt}|| = ||e^{A^*At}||,$$

so B cannot increase the decay rate of the semigroup.

•  $AB \neq BA$ : rapid decay possible via hypoceorcivity

Define commutator C = [A, B] = AB - BA and an inner product

$$((u, u)) = (u, u) + \alpha(Au, Au) - 2\beta \operatorname{Re}(Au, Cu) + \gamma(Cu, Cu)$$

Careful choice of  $\alpha, \beta$ , and  $\gamma$  can show faster than expected decay.

Back to our problem ...

$$\partial_t v = \nu \Delta v - e^{-\nu t} [\sin x \partial_y (1 + \Delta^{-1})] v =: \mathcal{L}(t) v$$

**Slow modes:** Cannot expect rapid decay on all of  $L^2$ 

$$\begin{split} \lambda v_{slow} &= \partial_t v_{slow} = \mathcal{L}(t) v_{slow}, \qquad \lambda = \mathcal{O}(\nu) \\ v_{slow} &\in \{ e^{-\nu m^2 t + imx}, e^{-\nu t \pm iy} : m \in \mathbb{Z}_0 \}. \end{split}$$

Like an infinite-dimensional eigenspace - need to "project" off it.

### Intuitively:

- Expect something like a center manifold with slow decay  $\mathcal{O}(e^{-\nu t})$
- and something like a stable manifold with rapid decay  $\mathcal{O}(e^{-\sqrt{
  u}t})$
- Use hypocoercivity to get rapid decay rate in stable manifold.
- But operator is time-dependent.
- Can't use spectral projections to obtain manifolds.

#### Invariant subspaces:

- Need an alternative way to construct them
- Should be related to movement of energy between Fourier modes.

## Construct invariant subspaces

$$v(x,y) = \sum_{k,l \in \mathbb{Z}, (k,l) \neq (0,0)} \hat{v}(k,l) e^{i(kx+ly)}$$

Goal: don't excite the slow modes

$$\{e^{-\nu m^2 t + imx}, e^{-\nu t \pm iy}\} \Rightarrow (k, l) \in \{(0, \pm 1), (m, 0)\}$$

In Fourier space,  $v_t = \nu \Delta v - e^{-\nu t} \partial_y \sin x (1 + \Delta^{-1}) v$  becomes

$$\begin{aligned} \partial_t \hat{v}(k,l) &= -\nu(k^2+l^2)\hat{v}(k,l) \\ &- \frac{l}{2}e^{-\nu t}\left[ \left(1-\frac{1}{(k-1)^2+l^2}\right)\hat{v}(k-1,l) - \left(1-\frac{1}{(k+1)^2+l^2}\right)\hat{v}(k+1,l) \right] \end{aligned}$$

Try  $\mathcal{M}_x = \{ v \in L^2(\mathbb{T}^2) : \hat{v}(m, 0) = 0, \ m \in \mathbb{Z} \}$ 

 $\partial_t \hat{v}(m,0) = -\nu m^2 \hat{v}(m,0)$  invariant

Try:  $\tilde{\mathcal{M}}_{y} = \{ v \in L^{2}(\mathbb{T}^{2}) : \hat{v}(0, \pm 1) = 0 \}$ 

$$\partial_t \hat{v}(0,\pm 1) = -\nu \hat{v}(0,\pm 1) \mp \frac{1}{4} e^{-\nu t} \left[ \hat{v}(-1,\pm 1) - \hat{v}(1,\pm 1) \right]$$
 not invariant

## Construct invariant subspaces

Recall: we don't want to excite the modes  $e^{\pm imx}$  and  $e^{\pm iy}$ 

- x-modes:  $\mathcal{M}_x = \{ w \in L^2(\mathbb{T}^2) : \hat{w}(m, 0) = 0 \}$
- y-modes: Formal calculations with Fourier equation lead to...

Define

$$p_j^{\pm} := \hat{w}(2j,\pm 1) + \hat{w}(-2j,\pm 1), \qquad q_j^{\pm} := \hat{w}(2j+1,\pm 1) - \hat{w}(-2j-1,\pm 1)$$

One can show:

$$egin{pmatrix} p^{\pm} \ q^{\pm} \end{pmatrix} = A^{\pm}(t) egin{pmatrix} p^{\pm} \ q^{\pm} \end{pmatrix}$$

**Propositon** A solution of  $w_t = \mathcal{L}(t)$  satisfies  $\hat{w}(0, \pm 1)(t) = 0$  for all  $t \ge 0$  if and only if  $w(0) \in \mathcal{M}_y$ , where

$$\mathcal{M}_{y} = \{ w \in L^{2} : p_{j}^{\pm} = q_{j}^{\pm} = 0 \ \forall j \}.$$

Recall: In [YCM '03], only special initial data converge rapidly to bar states.

## Rapid decay in this subspace

From now on, we only work in  $\mathcal{M}_{x} \cap \mathcal{M}_{y}$ .

$$\partial_t v = \nu \Delta v - e^{-\nu t} [\sin x \partial_y (1 + \Delta^{-1})] v.$$

Since there is no y-dependence in the bar state:  $v(x, y) = \sum_{l \in \mathbb{Z}} \hat{v}_l(x) e^{ily}$ 

$$\partial_t \hat{v}_l = \nu \Delta_l \hat{v}_l - i l e^{-\nu t} [\sin x (1 + \Delta_l^{-1})] \hat{v}_l, \qquad \Delta_l = \partial_x^2 - l^2.$$

Recall: want  $L = A^*A + B$ , with  $B^* = -B$ 

- $A = \partial_x$ ,  $A^* = -\partial_x$ , so that  $\nu \partial_x^2 = -\nu A^* A$
- But the second term is not anti-symmetric! Change variables...

Motivated by Wilkinson's book "The algebraic eigenvalue problem":

$$u := \sqrt{1 + \Delta_l^{-1}} \hat{v}_l$$

$$\widehat{1+\Delta_l^{-1}}=1-\frac{1}{k^2+l^2}\qquad \Leftrightarrow\qquad |l|+|k|>1.$$

Invertible transformation in our subspace.

## Transformed equation

$$\partial_t u = \nu \Delta_l u - i l e^{-\nu t} \left[ \sqrt{1 + \Delta_l^{-1}} \sin x \sqrt{1 + \Delta_l^{-1}} \right] u.$$

We have

• 
$$A := \partial_x$$
  
•  $B := -ile^{-\nu t} \left[ \sqrt{1 + \Delta_l^{-1}} \sin x \sqrt{1 + \Delta_l^{-1}} \right], B^* = -B$   
•  $C := [\partial_x, B] = -ile^{-\nu t} \left[ \sqrt{1 + \Delta_l^{-1}} \cos x \sqrt{1 + \Delta_l^{-1}} \right], C^* = -C$ 

<u>Problem:</u>  $[B, C] \neq 0$ ; will lead to difficult terms in Villani's framework. <u>Partial solution:</u> first consider only the approximate equation

$$\partial_t u = \nu \Delta_I u - i l e^{-\nu t} \sin x u := \mathcal{L}_{approx}(t) u.$$

• 
$$A := \partial_{\lambda}$$

• 
$$B := -i l e^{-\nu t} \sin x$$
,  $B^* = -B$ 

- $C := [\partial_x, B] = -i l e^{-\nu t} \cos x, \ C^* = -C.$
- [B, C] = 0

## Why is this new inner product useful?

Motivated by work of Gallagher, Gallay, and Nier 2009, we rescale time:

$$\partial_t u = (\partial_x^2 - l^2)u + \frac{1}{\nu}Bu$$

Define, for  $(u, u) = \|u\|_{L^2}^2$ ,  $\alpha, \beta, \gamma > 0$ ,

$$\Phi(t) := (u, u) + \alpha(\partial_x u, \partial_x u) - 2\beta \operatorname{Re}(\partial_x u, Cu) + \gamma(Cu, Cu)$$

If  $\beta^2 < \alpha \gamma/4$ , Young's inequality implies

$$\|u\|^{2} + \frac{\alpha}{2}\|u_{x}\|^{2} + \frac{\gamma}{2}\|Cu\|^{2} < \Phi < \|u\|^{2} + \frac{3\alpha}{2}\|u_{x}\|^{2} + \frac{3\gamma}{2}\|Cu\|^{2}.$$

Therefore, by controlling the dynamics of  $\Phi$ , we can control the above norm.

Strategy:

- Compute  $d\Phi/dt$
- Chose  $\alpha,\beta,\gamma$  to obtain a decay estimate
- Show this implies rapid convergence of solutions to the bar states

## Main result

Function space:  $C = C(I) = -ile^{-\nu t} \cos x$ 

$$X = \left\{ u : \hat{u}_0 = 0, \sum_{l \neq 0} [\|\hat{u}_l\|^2 + \sqrt{\frac{\nu}{|l|}} \|\partial_x \hat{u}_l\|^2 + \frac{1}{\sqrt{\nu}|l^{3/2}} \|C(l)\hat{u}_l\|^2] < \infty \right\}$$

**Theorem** Pick  $T \in [0, 1/\nu]$ . There exist constants K and M, O(1) with respect to  $\nu$ , such that the following holds. If  $\nu$  is sufficiently small, then the solution to  $u_t = \mathcal{L}_{approx}(t)u$  with initial condition  $u^0 \in X$  satisfies

$$||u(t)||_X^2 \leq K e^{-M\sqrt{\nu}t} ||u^0||_X^2$$

for all  $t \in [0, T]$ .

Implies rapid decay of solutions:

- Decay  $e^{-M\sqrt{\nu}t}$  much faster than the viscous time scale  $e^{-\nu t}$
- If  $T = 1/\nu$ , then

$$e^{-M\sqrt{
u}T}=e^{-rac{M}{\sqrt{
u}}}\ll 1,\qquad e^{-
u T}=e^{-1}$$

$$\partial_t u = (\partial_x^2 - l^2)u + \frac{1}{\nu}Bu$$
$$\Phi(t) := (u, u) + \alpha(\partial_x u, \partial_x u) - 2\beta \operatorname{Re}(\partial_x u, Cu) + \gamma(Cu, Cu)$$

Differentiate:

$$\begin{aligned} \frac{d}{dt}\Phi(t) &= [(u_t, u) + (u, u_t)] + \alpha [(\partial_x u_t, \partial_x u) + (\partial_x u, \partial_x u_t)] \\ &- 2\beta \operatorname{Re}[(\partial_x u_t, Cu) + (\partial_x u, Cu_t)] + \gamma [(Cu_t, Cu) + (Cu, Cu_t)] \\ &+ \gamma [(C_t u, Cu) + (Cu, C_t u)]. \end{aligned}$$

The first term gives

$$(u_t, u) + (u, u_t) = ((-l^2 + \partial_x^2 + \frac{1}{\nu}B)u, u) + (u, (-l^2 + \partial_x^2 + \frac{1}{\nu}B)u)$$
  
=  $-2l^2 ||u||^2 - 2||u_x||^2 + \frac{1}{\nu} \underbrace{[(Bu, u) + (u, Bu)]}_{=0}$ 

by the anti-symmetry of B.

$$\partial_t u = (\partial_x^2 - l^2)u + \frac{1}{\nu}Bu$$
  
 $\Phi(t) := (u, u) + \alpha(\partial_x u, \partial_x u) - 2\beta \operatorname{Re}(\partial_x u, Cu) + \gamma(Cu, Cu)$ 

The  $\alpha$  term gives

$$\begin{aligned} (\partial_x u_t, \partial_x u) + (\partial_x u, \partial_x u_t) &= (\partial_x (-l^2 + \partial_x^2 + \frac{1}{\nu}B)u, u_x) \\ &+ (u_x, \partial_x (-l^2 + \partial_x^2 + \frac{1}{\nu}B)u) \\ &= -2l^2 \|u_x\|^2 - 2\|u_{xx}\|^2 \\ &+ \frac{1}{\nu} [(\partial_x (Bu), u_x) + (u_x, \partial_x (Bu))] \end{aligned}$$

We can bound

$$\begin{aligned} \left[ (\partial_x (Bu), u_x) + (u_x, \partial_x (Bu)) \right] &= (Bu_x, u_x) + \overbrace{(\overline{\partial_x, B}]}^{=C} u, u_x) \\ &+ (u_x, Bu_x) + (u_x, [\overline{\partial_x, B}]u) \\ &= 2\operatorname{Re}(u_x, Cu) \\ &\leq 2 \|u_x\| \|Cu\|. \end{aligned}$$

$$\partial_t u = (\partial_x^2 - l^2)u + \frac{1}{\nu}Bu$$
$$\Phi(t) := (u, u) + \alpha(\partial_x u, \partial_x u) - 2\beta \operatorname{Re}(\partial_x u, Cu) + \gamma(Cu, Cu)$$

The  $\beta$  term gives

$$\begin{aligned} (\partial_x u_t, Cu) + (\partial_x u, Cu_t) &= -2l^2 \operatorname{Re}(\partial_x u, Cu) + [(u_{xxx}, Cu) + (u_x, Cu_{xx})] \\ &+ \frac{1}{\nu} [(\partial_x (Bu), Cu) + (u_x, C(Bu))] \end{aligned}$$

One can show

$$(\partial_x(Bu), Cu) + (u_x, C(Bu)) = ||Cu||^2 + (u_x, [C, B]u) = ||Cu||^2$$

Important term:  $-(2\beta/\nu)\|Cu\|^2$ 

The  $\gamma$  and  $C_t$  terms are similar.

Collecting these estimates, we have shown

$$\begin{aligned} \frac{d}{dt} \Phi(t) &\leq -2l^2 \|u\|^2 - [2 + 2\alpha l^2] \|u_x\|^2 - 2\alpha \|u_{xx}\|^2 \\ &+ \left(\frac{2\alpha}{\nu} + 2\beta (2l^2 + 1 + \nu)\right) \|u_x\| \|Cu\| + 4\beta \|u_{xx}\| \|Cu_x\| \\ &- \left((2l^2 + 2)\gamma + \frac{2\beta}{\nu} - 2\gamma\nu\right) \|Cu\|^2 - 2\gamma \|Cu_x\|^2 + 2\gamma \|Bu\|^2. \end{aligned}$$

We now use the fact that  $2ab \leq a^2 + b^2$  and scale the parameters as

$$lpha = \sqrt{
u} lpha_0, \qquad eta = eta_0, \qquad \gamma = rac{1}{\sqrt{
u}} \gamma_0$$

With appropriate conditions on  $\alpha_0, \beta_0, \gamma_0$ , this gives

$$\frac{d}{dt}\Phi(t) \leq -2\|u\|^2 + 2\frac{\gamma_0}{\sqrt{\nu}}\|Bu\|^2 - \frac{1}{4}\|u_x\|^2 - \frac{3\beta_0}{2\nu}\|Cu\|^2$$

**Goal:** Show  $\Phi' \leq -(M/\sqrt{\nu})\Phi$ 

$$\begin{aligned} \|u\|^{2} + \frac{\alpha_{0}\sqrt{\nu}}{2}\|u_{x}\|^{2} + \frac{\gamma_{0}}{2\sqrt{\nu}}\|Cu\|^{2} < \Phi < \|u\|^{2} + \frac{3\alpha_{0}\sqrt{\nu}}{2}\|u_{x}\|^{2} + \frac{3\gamma_{0}}{2\sqrt{\nu}}\|Cu\|^{2} \\ \frac{d}{dt}\Phi(t) \leq -2\|u\|^{2} + 2\frac{\gamma_{0}}{\sqrt{\nu}}\|Bu\|^{2} - \frac{1}{4}\|u_{x}\|^{2} - \frac{3\beta_{0}}{2\nu}\|Cu\|^{2} \end{aligned}$$

**Proposition** If |I| > 1, then there exists a constant  $M_0$  such that, for all 0 < t < T,

$$\frac{1}{8} \|u_{\mathsf{x}}\|^{2} + \frac{\beta_{0}}{2\nu} \|Cu\|^{2} \ge \frac{M_{0}|I|\sqrt{\beta_{0}}}{\sqrt{\nu}} \|u\|^{2}$$

**Proof:** Follows like a similar result in [Gallagher, Gallay, & Nier '09]. Essentially due to connection with harmonic oscillator:

$$H = a\partial_{xx} + bx^2 \quad \Rightarrow \quad (Hu, u)_{L^2(\mathbb{R})} \ge \sqrt{ab}(u, u)_{L^2(\mathbb{R})}$$

Need to be careful about the role of |I|. Also,  $M_0 = \mathcal{O}(e^{-\nu t})$ .

This implies (after choosing  $\alpha_0, \beta_0, \gamma_0$ )

$$\Phi'(t) \leq -rac{M}{\sqrt{
u}} \Phi(t)$$

# Summary and future directions

We have shown:

- Rapid decay for approximate operator:  $\mathcal{O}(e^{- \sqrt{
  u} t}) \ll \mathcal{O}(e^{- \nu t})$
- Proof based on Villani's treatment of  $L = A^*A + B$ ,  $[A, B] \neq 0$ .

To extend to full linear operator:

- Existence of invariant subspaces (and projections) for full operator.
- Use transformation  $u = \sqrt{1 + \Delta^{-1}}v$  to make B antisymmetric.

Nonlinear equation; metastability of bar states:

- Use projection operators
- Use estimates similar to invariant manifold existence proofs

Dipoles:

$$\omega^d(x, y, t) = e^{-\nu t} [\cos(x) + \cos(y)],$$

- Much of the proof could be similar
- Need to understand slow modes and invariant subspaces