INSTRUCTIONS FOR HIKE

YOU SHOULD BRING/WEAR THE FOLLOWING ITEMS:

1) FOOD!! There is no food available at the mountain. We will not be stopping for food on the way there or back. You should bring some food for lunch at the top, snacking while hiking and while in the bus on the way there and back.

2) WATER!! Likewise there is no water available on the mountain. You should bring a filled water bottle or just a plastic store-bought bottle of water (or two).

3) SHOES SUITABLE FOR HIKING. The trail is rugged in places and involves hiking on rocks. Hiking style shoes/boots with a sturdy sole are the best. Sneakers are OK if you don't have hiking style shoes. A pair of warm socks is recommended.

4) WARM CLOTHING!! It can be cold and windy on the top of the mountain. A windbreaker and something for warmth is recommended. A warm hat and gloves are also recommended since these will do a lot to keep you warm and don't take much room to carry.

5) BACKPACK. A backpack/daypack is recommended for carrying the above. It should be large enough to hold your warm clothing in addition to your food and water. You will be much warmer hiking than you will be standing at the top, so you will most likely want to carry, rather than wear, your warm clothing for use at the top.

6) OPTIONAL: An extra pair of dry socks could make the trip back on the bus more comfortable if your hiking ones get wet. Bring your camera! A flashlight would be useful if you are delayed coming down the mountain for any reason. I will be bringing one, but it would be good to have extras in an emergency.

If you bring your favorite DVDs we can watch them on the bus as in the past the bus has been equipped with a DVD player and a screen.

OTHER INFO

Meet on Harry Agannis way (street next to the Agannis Arena), where the bus will be parked, NO LATER THAN 7:45 AM. We will be leaving PROMPTLY at 8 AM. If you are not there we leave without you! So don't be late. We want to have as much time as possible to enjoy the hike!!

If you have any other questions you can call Diane, 2-0700, or email: dmm@math.bu.edu or see my webpage http://math.bu.edu/people/dmm/FacRes/mtmonad.html for any additional notices (i.e. if the trip is cancelled for bad weather).